



September 2022 Breakfast Menu K-5 \$1.25
Elementary School Breakfast Menu



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
	6	7	8	9
	Mini Blueberry Waffles ----- Juice Cup 4oz Fruit 1/2c Milk -8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz NYS Peaches -1Piece Milk-8oz	Maple Burst Pancakes ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz
12	13	14	15	16
Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz NYS Fresh Peach-1 Piece Milk-8oz	Blueberry Muffin w/4oz Yogurt ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz NYS Watermelon Slice Milk-8oz	Chocolate Chip Muffin w/4oz Yogurt ----- Juice Cup 4oz Fruit 1/2c Milk -8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz
19	20	21	22	23
Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Chocolate Chip Explosion Pancakes ----- Juice Cup 4oz NYS Fresh Apples-1 Piece Milk- 8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Waffle Mini Maple Madness ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz
26	27	28	29	30
Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Strawberry Pancakes ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz Fruit 1/2c Milk 8oz	Cinnamon Toast Filled Bar ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Assorted Cereal w/Goldfish Graham ----- Juice Cup 4oz NYS Fresh Apple -1 piece Milk-8oz

This institution is an equal opportunity provider and employer.

NYS LOCAL FOODS

- *Upstate Farms Dairy milk and yogurt
- *LynOaken Farms Apples
- *Local Farms Fruit

Breakfast Menu

Bagel w/Butter Served Daily

Offered daily
with all School Breakfast:
Fresh or Prepared Fruit
 (Must take 1/2 cup of Fruit – may take up to 1 cup)
NY State Non or Low Fat White Milk 8oz